

Adelaide Regional Tournament

March 28th 2010

Nazareth College hosted another successful tournament on the weekend to start of GKR's first tournament for 2010. The females came out in numbers and dominated most of the divisions. Congratulations to everyone that competed on the day, as it was yet again another fantastic day with many going home with medals for the first time! To our juniors well done to Tara Jeromel, Jessica Lombardi, Stephanie Antolis, Jasmine Harford, Margy Hookway, Angel Marston, Amie Gibard and Kirsty Webb who were all first place winners in their divisions.

» Special mention to the senior winners in Wesley Clark, Justin Baldwin, Jondalar Sexton, Kate Jamieson, Nik McDonald, Tabatha Dodd, Rhiannon Ralph, who all stood tall and took home a gold medals in their respective divisions. There was some fierce competition with the Female Open division with kata and kumite doing down to the wire. With some fine display of talent from Dragana Calic, Catherine Wilkinson and Jessica Dubois which made Leslie McDonald earn her two gold medals!

» We pride ourselves on families, and a mention should be made to the Munchenberg family who had four members enter, and two took home medals. What a fantastic achievement and well done to mum and dad for their commitment to their training and practice coming into this tournament!

» A big thank you goes out to all officials, and tournament team for manning the bbq, Peter Thompson and John McDonald for their photo contributions and Kirsty Kane who helped make then organisation of the day run so smoothly. Looking forward to seeing more entries in the next tournament which will be June!

Sensei Joe Van Strijp
Regional Instructor - Aust



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Juniors

KATA		KUMITE	
7yrs & under 8-7th Kyu Combined			
GOLD	Tara Jeromel	GOLD	Alicia Harford
SILVER	Alicia Harford	SILVER	Christina Akele
BRONZE	Christina Akele	BRONZE	Shane Cass-Allard
8-9 yrs 8-7th Kyu Combined			
GOLD	Eben Vanrensburg	GOLD	Sienna Kulinski
SILVER	Sienna Kulinski	SILVER	Duncan Spencer
BRONZE	Darcy Munchenberg	BRONZE	Eben Vanrensburg
10-11 yrs 8-7th Kyu Combined			
GOLD	Jessica Lombardi	GOLD	James Swift
SILVER	Shannon Warrick	SILVER	Krystina Diaons
BRONZE	Matilda Hilton	BRONZE	Rani Kulinski
10-13 yrs 6-4th Kyu Combined			
GOLD	Stephanie Antolis	GOLD	Jalen Croxton
SILVER	Jalen Croxton	SILVER	Stephanie Antolis
BRONZE	Demi Harford	BRONZE	Kate Pettman
10-11 yrs 3 Kyu & above Combined			
GOLD	Jasmine Harford	GOLD	Jasmine Harford
SILVER	Thomas Robinson	SILVER	Thomas Robinson
BRONZE		BRONZE	
12-14 yrs 8-4th Kyu FEMALE			
GOLD	Margy Hookway	GOLD	Lucille Lott
SILVER	Lucille Lott	SILVER	Margy Hookway
BRONZE	Ashley Langkilde	BRONZE	Ashley Langkilde

KATA		KUMITE	
12-15 yrs 3rd Kyu & above FEMALE			
GOLD	Jake Cooke	GOLD	Jason Spiteri
SILVER	Jason Spiteri	SILVER	Jake Cooke
BRONZE		BRONZE	
10-11 yrs 8-7th Kyu FEMALE			
GOLD	Tegan Miller	GOLD	Angel Marston
SILVER	Angel Marston	SILVER	Tegan Miller
BRONZE		BRONZE	
14-15 yrs 8-7th Kyu MALE			
GOLD	Callum Boyd	GOLD	Brendon Wilkins
SILVER	Rhys Dix	SILVER	Callum Boyd
BRONZE		BRONZE	Rhy Dix
14-15 yrs 6-4th Kyu MALE			
GOLD	Daniel Andrew	GOLD	Aaron Hittmann
SILVER	Aaron Hittmann	SILVER	Daniel Andrew
BRONZE		BRONZE	
16-20 yrs 6-4th Kyu FEMALE			
GOLD	Amie Gibard	GOLD	Kirsty Webb
SILVER	Kirsty Webb	SILVER	Amie Gibard
BRONZE		BRONZE	

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Seniors

KATA		KUMITE	
18-34 yrs Incl. 8-7th Kyu MALE			
GOLD	Wesley Clark	GOLD	Justin Baldwin
SILVER	Shane Croxton	SILVER	Ben Medlen
BRONZE	Justin Baldwin	BRONZE	Wesley Clark
18-34 yrs Incl. 8-7th Kyu FEMALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
18-34 yrs Incl. 6-4th Kyu MALE			
GOLD	Jondalar Sexton	GOLD	Nik McDonald
SILVER	Nik McDonald	SILVER	Mark Ingle
BRONZE	Mark Ingle	BRONZE	Jondalar Sexton
18-34 yrs Incl. 6-4th Kyu FEMALE			
GOLD	Rhiannon Ralph	GOLD	Tabatha Dodd
SILVER	Tabatha Dodd	SILVER	Rhiannon Ralph
BRONZE	Suzanne Begley	BRONZE	Suzanne Begley
18-34 yrs Incl. 3rd Kyu & above MALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
18-34 yrs Incl. 3rd Kyu & above FEMALE			
GOLD	Kate Jamieson	GOLD	Kate Jamieson
SILVER	Jess Dubois	SILVER	Tamsin Ing
BRONZE	Zoe Tyler	BRONZE	Jess Dubois

KATA		KUMITE	
OPEN Black Belt MALE (18 yrs & over)			
GOLD	Darren Twining	GOLD	Darren Twining
SILVER	Ian Rollings	SILVER	Ian Rollings
BRONZE		BRONZE	
OPEN Black Belt FEMALE (18 yrs & over)			
GOLD	Lesley McDonald	GOLD	Lesley McDonald
SILVER	Catherine Wilkinson	SILVER	Dragana Calic
BRONZE	Dragana Calic	BRONZE	Jessica Dubois
INSTRUCTOR MALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
INSTRUCTOR FEMALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	

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Veterans

KATA		KUMITE	
Veteran (35-44 Yrs) 8-7th Kyu MALE			
GOLD	Chris Taylor	GOLD	Chris Munchenberg
SILVER	Craig Smith	SILVER	Craig Smith
BRONZE	Chris Munchenberg	BRONZE	Chris Taylor
Veteran (35-44 Yrs) 8-7th Kyu FEMALE			
GOLD	Joanne Corino	GOLD	Julie Boyd
SILVER	Julie Munchenberg	SILVER	Julie Munchenberg
BRONZE	Julie Boyd	BRONZE	
Veteran (35-44 Yrs) 6-4th Kyu MALE			
GOLD	Paul Jeromel	GOLD	Craig Johnston
SILVER	Warren Hilton	SILVER	David Boyd
BRONZE	Craig Johnston	BRONZE	Warren Hilton
Veteran (35-44 Yrs) 6-4th Kyu FEMALE			
GOLD	Lena Ong	GOLD	Angela Carapetis
SILVER	Linda Donnellan	SILVER	Tracey Kramer
BRONZE	Di Wilson	BRONZE	Di Wilson
Veteran (35-44 Yrs) 3rd Kyu & Above MALE			
GOLD	Sean Hutton	GOLD	Sean Hutton
SILVER	Steve Howard	SILVER	Des Till
BRONZE	Des Till	BRONZE	Steve Howard
Veteran (35-44 Yrs) 3rd Kyu & Above FEMALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	

KATA		KUMITE	
Snr Veteran (Over 45) 8-7th Kyu MALE			
GOLD	Matt Warrick	GOLD	Ron White
SILVER	Mark Kulinski	SILVER	Frederick Hamden
BRONZE	Frederick Hamden	BRONZE	Matt Warrick
Snr Veteran (Over 45) 8-7th Kyu FEMALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
Snr Veteran (Over 45) 6-4th Kyu MALE			
GOLD	Albert Tuddenham	GOLD	Brenton Wells
SILVER	Steve Tyler	SILVER	Steve Tyler
BRONZE	Brenton Wells	BRONZE	Albert Tuddenham
Snr Veteran (Over 45) 6-4th Kyu FEMALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
Snr Veteran (Over 45) 3rd Kyu & Above MALE			
GOLD		GOLD	
SILVER		SILVER	
BRONZE		BRONZE	
Snr Veteran (Over 45) 3rd Kyu & Above FEMALE			
GOLD	Jenny Miller	GOLD	Chris McDonald
SILVER	Barb Hesselschwerdt	SILVER	Julie Tynan
BRONZE	Mary Bambacas	BRONZE	Barb Hesselschwerdt

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Teams

KATA		KUMITE	
Snr Team Male			
GOLD		GOLD	Nik McDonald
			Steve Howard
			Craig Johnstone
			Sean Hutton
			Ian Rollings
SILVER		SILVER	Brenton Wells
			Mark Ingle
			John Edgar
			Fraser Thompson
			Martin Henschke
BRONZE		BRONZE	
Snr Team Female			
GOLD	Lesley McDonald	GOLD	Zoe Tyler
	Julie Tynan		Tamsin Ing
	Kirsty Kane		Kate Jamieson
			Julie Tynan
			Tabatha Dodd
SILVER	Jenny Miller	SILVER	Jackie Probert
	Dragana Calic		Catherine Wilkinson
	Kate Jamieson		Jess Dubois
			Dragana Calic
			Lesley McDonald
BRONZE	Julie Boyd	BRONZE	Suzanne Begley
	Suzanne Begley		Julie Boyd
	Julie Munchenberg		Julie Munchenberg
			Amie Gibard
			Angla Carapetis

KATA		KUMITE	
Junior Team			
GOLD	Angel Marston	GOLD	
	Jason Spiteri		
	Tegan Miller		
SILVER	Demi Harford	SILVER	
	Jasmine Harford		
	Lucille Lott		
BRONZE	Sienna Kulinski	BRONZE	
	Rani Kulinski		
	Krystina Dianos		